



Estate Planning with Heart®
De Fonte Law PC

LGBTQIA+ Health Care Protection

ADDENDUM

Supplement to Advance Health Care Directive

This addendum is designed to protect identity, dignity, and access to affirming care during any period of incapacity. It should be attached to a properly executed California Advance Health Care Directive.

You can find a California Statutory Advance Health Care Directive online, or you can ask your medical provider for a template.

EXHIBIT “A” TO HEALTH CARE DIRECTIVE

1. Affirmed Name

Legal name on government ID:

Name I wish to be addressed by:

2. Gender Identity & Pronouns

Gender marker on official documents:

My gender identity:

My pronouns are:

It is my directive that all caregivers, medical providers, and visitors respect my affirmed name, pronouns, and gender presentation. My agent shall take all necessary steps to ensure this instruction is honored.

3. LGBTQIA+ Affirming Health Care Providers

My agent shall seek medical providers and facilities that openly support and advocate for the LGBTQIA+ community. If placement in a care facility becomes necessary, I direct that only facilities that are affirming, nonjudgmental, and respectful of my sexual orientation and gender identity be considered.

4. Restriction on Visitation

The following individuals are not permitted visitation under any circumstances:

5. Restriction on Access to Information

The following individuals are not permitted visitation under any circumstances:

6. Religious Considerations

No religious beliefs shall be imposed upon me during my incapacity.
My religious beliefs are as follows:

7. Pregnancy Directive (if applicable)

If I am pregnant, my agent shall ensure I receive competent reproductive health care, including transportation to another jurisdiction if necessary.

8. Pet Comfort Directive

My pet:

Type:

During any period of incapacity, my agent shall make reasonable arrangements for me to be with my pet, as this brings me comfort.

Additional Instructions



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